Dear Parent/Guardian,

Students are facing a world of uncertainty as well as undergoing some big changes in their physical, social, and emotional growth. Your school has partnered with *Aim for Success, by Just Say YES -* ***Youth Equipped to Succeed*** *(JSY)*, to help them learn how their surroundings, relationships, and emotions impact mental health. Please join us for the **Parent Preview Presentation.**

**Location:**

 **Date:**

 **Time:**

**The program will be presented to the students on: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

JSY strives to create life-changing connections with students of all ages, backgrounds, and circumstances to help them move toward a path of optimal health and therefore brighter futures. **JSY programs are working in the lives of students, providing them a bigger “YES” in their life than the no’s they are facing.**

*Our Mission:*

*Growing value and vision in youth by combating isolation and imparting hope.*

The program students at your school will be participating in this year is ***Navigate.*** In this new interactive program, students are taken on a journey to discover the importance of mental health and help them navigate life’s challenges. Information will be given to debunk some common misconceptions and equip students with tools to maintain or regain optimal mental health.

The Parent Program will include the student presentation, and additional information for parents on prevention and ideas to help their children make a positive difference in the world around them.

Please visit our website at [www.aimforsuccess.org/mentalhealth](https://www.aimforsuccess.org/mentalhealth). Here you may access an outline of the program content.

**A connected student is a protected student. ®**

**www.justsayyes.org/wellness-education • (972)422-2322 •** **information@justsayyes.org**

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**RETURN THIS PORTION ONLY IF YOU DO NOT WANT YOUR CHILD TO ATTEND/VIEW THE PROGRAM**

**NO**, I ***do not*** want my child to attend the *Navigate* presentation.

Child (printed name): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent or Guardian (printed name): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (signature): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_