

The Next Chapter

This engaging bullying prevention program is designed to reach the hearts and minds of students in grades 3-12. Impressive visuals, games, stories and object lessons help students learn how to have positive relationships and become "up-standers" to stop bullying at their school. They are encouraged to "write a story you'll be proud to tell" as they move into new chapters of their lives.

This program includes an age-appropriate version for 3rd – 12th graders.

Outline for a One-Hour Presentation

Portions of the program will be cut if less than one hour.

Object Lesson

Your legacy will be determined by the choices you make today. In the next few years, how will you be remembered?

True Stories

Students will grasp the problem and negative impact of bullying through true stories and video clips.

Write a Better Story

Students will see that each of them is in the midst of writing a chapter in the story of their lives. What will your story be? Write a story you'll be proud to tell. Be a person others will be glad to know. The choices you make today will dictate the outcome of your story.

Revealing the Characters in the Story

Students will see a short video clip to determine what character they represent in the storyline of their school. 7^{th} - 12^{th} grade students see a clip from the blockbuster movie, *The Amazing Spiderman*, while 3^{rd} – 6^{th} grade students see clips from the movie *Wonder*.

- Bystanders may feel compelled to help but may also fear getting involved.
- Those who are bullied are repeatedly attacked with hurtful words or actions in person or cyberbullying.
- Those who bully gain a surge of power through physical or verbal attacks, or online postings.
- Up-Standers show compassion as they stand up for what is right. But standing up does not mean fighting.

Internet Safety

Through a creative object lesson, 3rd – 8th graders will learn how easy it is to be deceived by people they meet online.

All students will learn why it's important not to provide personal information, pictures or videos or agree to meet someone they've met online.

Students will learn four important steps to take if they become the victim of cyberbullying.

How to Become an Up-Stander

Through video clips and true stories, students will see how Up-Standers have transformed their schools and the lives of individuals.

Students learn practical ways to gain confidence and demonstrate compassion as they become Up-Standers.

Radical Acts of Kindness

Radical acts of kindness are deliberate and directed- for a specific purpose and person. Students are challenged to live their lives in a way that others will be glad they are in the school.

"Toot My Own Horn" – Students are broken into two teams and play an interactive game to review the points illustrated throughout the program.

Survey

A voluntary, anonymous survey is offered at the conclusion.

Aim for Success sends the survey results and student comments back to the school.