*Attention Parents!*

Your child will have an opportunity to participate in *Next Up*, a program for 5th graders designed to give them important health information related to puberty, and also lay a foundation for healthy relationships. This program will be presented in gender-separated groups and will teach the basic functions of the developing reproduction systems and the many changes that happen during puberty. Introductory information on healthy relationships will be presented.

Aim for Success is a nonprofit, youth health education organization whose mission is “helping young people make healthy choices that will give them freedom to reach their dreams and goals”. Founded in Dallas, Texas in 1993, over 2.6 million students, parents and educators have been served.

***Next Up* will be presented to the students on: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**You are Encouraged to Attend the Parent Presentation**

**Location:**

**Date:**

**Time:**

Please attend the Parent Program to preview what your child will see and receive helpful ways to reinforce this information at home.

**Students will learn about…**

* Human Growth and Development
* Their Amazing Anatomy and its Fascinating Function
* Introduction to conception and reproduction
* Media messages and myths related to sex
* Healthy relationships

**Come find out:**

* How to encourage your child in reaching their dreams and goals.
* Talk to your child about their growing bodies and sexuality.
* What are 6 characteristics of healthy relationships?