Young elementary students are excited to start SUPER POWER TRAINING to become a SUPER FRIEND with SUPER POWERS. This bullying prevention program is action-packed and includes impressive visuals, games, stories and object lessons. Students learn important steps in how to be a friend and appropriate ways to deal with bullying. Students will laugh and have loads of fun while they learn how to use their 5 SUPER POWERS.

**Program Outline for a 30 Minute Presentation**

**Clean-Up Activity**
Through an object lesson, students learn to have fun while working together.

**SUPER FRIENDS**
Just as policemen and firemen are all about protecting and defending others, this program will provide students with SUPER POWER TRAINING to be able to protect and defend other students.

**Being a SUPER FRIEND to Yourself**
Students will learn a SUPER FRIEND with SUPER POWERS must first be a SUPER FRIEND to themselves. When in a bad mood or mad, students are encouraged to pull out SUPER POWER #1 – SMILE and then SUPER POWER #2 – STAND TALL. It’s difficult to stay in a bad mood while smiling and standing tall.

**It’s Never Okay to Be Mean**
Students will receive the following TOP SECRET INFORMATION: SUPER FRIENDS with SUPER POWERS ARE NEVER MEAN or SAY MEAN WORDS.

**Being a SUPER FRIEND to Others**
Students learn how to use SUPER POWER #3 – BE NICE to everyone and SUPER POWER #4 – ENCOURAGE OTHERS. WARNING: It’s easy to be nice and encourage your friends, but a SUPER FRIEND with SUPER POWERS is NICE and ENCOURAGES everyone – even those who are not nice.

**Defending Others**
SUPER POWER #5 is the most important of all. SUPER FRIENDS with SUPER POWERS – DEFEND OTHERS. While students learn the importance of DEFENDING OTHERS against bullying, they will also receive the SUPER FRIEND CLASSIFIED INFORMATION which states: SUPER FRIENDS DO NOT FIGHT – but they do run for help from the nearest adult.

**Illustrations**
Throughout the program students hear stories and participate in simple skits that demonstrate examples of children who took bad situations and turned them into good by using their SUPER POWERS.