

**TEXAS ESSENTIAL KNOWLEDGE AND SKILLS FOR HEALTH EDUCATION
Elementary Checklist**

	SFSP	TBA
§115.12 Kindergarten		
(3) Mental health and wellness --social and emotional health 3A, B, C, D, E		✓
(4) Mental health and wellness - developing a health self-concept 4A, D		✓
(9) Injury and violence prevention and safety--healthy relationships and conflict-resolution skills 9A, B	✓	
(12) Injury and violence prevention and safety--interpersonal violence 12B, C, D	✓	
§115.13 First Grade		
(3) Mental health and wellness --social and emotional health 3A, B, C, D, E, F, G		✓
(4) Mental health and wellness - developing a health self-concept 4A		✓
(13) Injury and violence prevention and safety--interpersonal violence 13B, D		✓
§115.14 Second Grade		
(3) Mental health and wellness --social and emotional health 3A, B, C, D, E, F, G, H		✓
(4) Mental health and wellness - developing a health self-concept 4A		✓
(5) Mental health and wellness--identifying and managing mental health and wellness concerns 5B		✓
(13) Injury and violence prevention and safety--interpersonal violence 13C	✓	

Program Options
SFSP - Super Friends with Super Powers K-2nd grade
TBA - The Big Adventure K-5th grade
EMP - Empowered 3rd-5th grade
TNC - The Next Chapter 3rd-5th grade
NU - Next Up 5th grade only
PTS - Power to Succeed 5th grade

	EMP/ TNC	TBA	NU	PTS
§115.15 Third Grade				
(3) Mental health and wellness-social and emotional health 3A, B, D, E, F, G, H		✓		
(5) Mental health and wellness--identifying and managing mental health and wellness concerns 5D		✓		
(13) Injury and violence prevention and safety--interpersonal violence 13A, B	✓			
§115.16 Fourth Grade				
(3) Mental health and wellness-social and emotional health 3B, D, F, G		✓		
(4) Mental health and wellness-developing a health self-concept 4A		✓		
(5) Mental health and wellness--identifying and managing mental health and wellness concerns 5B, E		✓		
(13) Injury and violence prevention and safety-interpersonal violence 13B, D	✓			
§115.17 Fifth Grade				
(3) Mental health and wellness-social and emotional health 3A, B, C		✓		
(4) Mental health and wellness-developing a health self-concept 4A		✓		
(7) Healthy eating and physical activity--food and beverage daily recommendations 7A			✓	
(8) Healthy eating and physical activity--physical activity (9) Healthy eating and physical activity--nutrition and physical activity literacy 9A			✓	
(14) Injury and violence prevention and safety--interpersonal violence 14B	✓			
(15) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects 15A, B, C				✓
(16) Alcohol, tobacco, and other drugs--short- and long-term impacts 16A, B				✓
(20) Reproductive and sexual health--healthy relationships 20A, B			✓	
(21) Reproductive and sexual health--personal safety, limits, and boundaries 21B, C			✓	
(22) Reproductive and sexual health--anatomy, puberty, reproduction, and pregnancy 22A, B, C, D, E			✓	