

TEXAS ESSENTIAL KNOWLEDGE AND SKILLS FOR HEALTH EDUCATION Middle School Checklist

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
6th grade							
(3) Mental health and wellness-social and emotional health							
3A, B, C, E, F						✓	
(4) Mental health and wellness--developing a healthy self-concept.							
4A, 4C						✓	
(5) Mental health and wellness--risk and protective factors							
5A, 5B						✓	
(6) Mental health and wellness--identifying and managing mental health and wellness concerns							
6A, B, C, D, E,						✓	
(13) Injury and violence prevention and safety--digital citizenship and media							
13A, B, C, F	✓	✓	✓	✓			
(14) Injury and violence prevention and safety--interpersonal violence							
14B, C, D				✓			✓
(15) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects							
15A, D					✓		
(16) Alcohol, tobacco, and other drugs--short-and long-term impacts							
16A,B					✓		
(18) Alcohol, tobacco, and other drugs--risk and protective factors							
18A,C,D					✓		
(20) Reproductive and sexual health--healthy relationships							
20A,C,D,E,F	✓	✓	✓				
(21) Reproductive and sexual health--personal safety, limits, and boundaries							
21A,B,C,D,E,F,G	✓	✓	✓				
(23) Reproductive and sexual health--sexual risk							
23A.B.C.D.E.F.G.H,I	✓	✓	✓				

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
7th-8th grade							
(3) Mental health and wellness--developing a healthy self-concept							
3A,B,C,D,E,F						✓	
(4) Mental health and wellness--risk and protective factors							
4A,B,C						✓	
(5) Mental health and wellness--identifying and managing mental health and wellness concerns							
5A,C						✓	
(6) Healthy eating and physical activity--food and beverage daily recommendations							
6B,C,D,E,F,G						✓	
(13) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects							
13A,B,C				✓			
(14) Alcohol, tobacco, and other drugs--short-and long-term impacts							
14A,B,C							✓
(15) Alcohol, tobacco, and other drugs--treatment							
15A,B,D					✓		
(16) Alcohol, tobacco, and other drugs--risk and protective factors							
16C						✓	
(18) Reproductive and sexual health--healthy relationships							
18A,B,C						✓	
(20) Reproductive and sexual health--anatomy, puberty, reproduction, and pregnancy							
20C,E,G	✓	✓	✓				
(21) Reproductive and sexual health--personal safety, limits, and boundaries							
21A,B,C,D,E,F,G,H	✓	✓	✓				
(23) Reproductive and sexual health--sexual risk							
23A,B,D,D,E,F,G,H,I,J,K,L,M,N,O,P,Q	✓	✓	✓				

Program Options
AFS - Aim for Success 6th-12th grade
DTS - Determined to Succeed 6th-12th grade
FTS - Freedom to Succeed 6th-12th grade
FOS - Focus on Success 6th-12th grade
PTS - Power to Succeed 5th-12th grade
NAV - Navigate 6th-12th grade
RAD - Radical 6th-12th grade
TNC - The Next Chapter 6th-12th grade

A connected student is a protected student.®