AIM FOR SUCCESS™

Texas Essential Knowledge and Skills (TEKS) for Health Education, HIGH SCHOOL

Health 1, Grades 9-10	Aim for Success	Freedom to Succeed	Achieve Success	Xtreme	Focus on Success	Power to Succeed	Radical	The Next Chapter
115.32 (b) Knowledge and Skills								
(2) Disease Prevention/ Health Promotion								
(B) Laws, policies, practices		√						
(D) Stretegies for disease prevention	√		√	√				
(4) Media and Technology								
(A) Analyze health messages			√		√			
(B) Impact of technology			√		√			
(5) Appropriateness of Health Information								
(C) Legal implications of sexual activity		√			√			
(D) Decision-making skills			√					
(6) Body Structure and Function								
(A) Effects of health behaviors	√			√				
(B) Early detction, warning signs	√			√				
(7) Unsafe Behaviors								
(A) Effects of alcohol and drugs			√			√		
(B) Drugs and unsafe situations			√			√		
(C) Addiction prevention						√		
(D) Alternatives to drug and substance use						√		
(G) Refusal skills, abstinence			√					
(H) Benefits of abstinence	√		√	√				
(I) Contraception	√			√				
(J) Abuse prevention		√	√					
(K) Abstinence as preferred choice	√	√	√	√	√			
(L) Abstinence 100% effective	√	√	√	√	√			
(8) Influencing Factors								
(A) Effects of relationships on health			√		√			
(13) Communication Skills, Relationships								
(A) Communication skills					√			
(B) Dating and marriage					√			
(C) Dignity, respect, responsibility			√		√			
(E) Refusal strategies			√					
(14) Expressing Needs, Wants, Emotions								
(B) Legal ramifications of rape, abuse		√						
(C) Importance of abstinence	√	√	√	√	√			
(15) Communicating Consideration and Respect								
(A) Communication skills							√	√
(B) Demonstrating empathy							√	√
(C) Ways to show disapproval							√	√
(16) Decision-making								
(D) Risk-taking and consequences	√			√		√		

Advanced Health, Grades 11-12	Aim for Success	Freedom to Succeed	Achieve Success	Xtreme	Focus on Success	Power to Succeed	Radical	The Next Chapter
115.33 (c) Knowledge and Skills								
(3) Reproductive Process								
(D) Relationships and marriage					√			
(E) Romantic relationships, dignity, respect					√			
(7) Health-risk Behaviors								
(D) Laws related to drugs and alcohol						√		
(F) Drugs and other health problems		√	√			√		
(14) Communication Skills								
(C) Inconsiderate and disrespectful behavior							√	√
(E) Importance of abstinence, preferred choice	√	√	√	√	√			
(F) Abstinence 100% effective	√	√	√	√	√			